

Bon Amis Newsletter Amis De Lafourche



April Meeting

Monday, April 26, 2010

Envie Restaurant

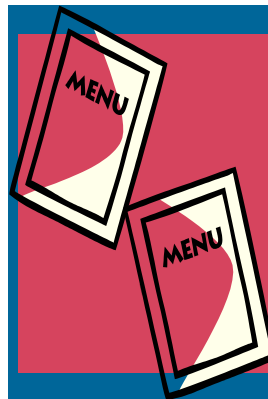
Socializing—6:00pm/Meeting—6:30pm

“Thibodaux Main Street
—Past and Present”

Jessica Durocher,
Executive Director
Thibodaux Main Street, Inc.

Inside this issue:

2010 Meeting Announcement	1
President's Message	2
Minutes	3
Birthdays and Announcements	4
Relay for Life & ABWA Web-site	5
Sponsors	6



Menu

House Salad
Crawfish Stew w/popcorn crawfish,
Vegetable
Roll
Fresh Berries/sorbet

The cost for attendance is \$16.00. **The reservation and cancellation deadline is Sunday, April 25, 2010 by 9:00 PM.** Please call Jo Ann Blanchard at 438-9176 (cell). You may also timely reply by e-mail to joann0119@yahoo.com

IMPORTANT NOTICE: The Hospitality Committee will not contact members by phone for attendance.. If you are notified by e-mail, a response is required if you are attending. If you are on the DO NOT CALL list, you only need to respond if you are not attending. Your continued cooperation is greatly appreciated. REMEMBER- A RESERVATION MADE IS A RESERVATION PAID. *WINE OR BEER IS AVAILABLE FOR PURCHASE IN OUR BANQUET ROOM.*

President's Message

It's already April and I don't know about you ladies, but this year has seriously passed by extremely quickly! Remember to take time to stop and smell the roses!

Does everyone know how to use a fire extinguisher?? Due to recent events, this message will partly be a safety topic because I think this is something EVERYONE should know!

P A S S

Pull the Pin at the top of the extinguisher. The pin releases a locking mechanism and will allow you to discharge the extinguisher.

Aim at the base of the fire, not the flames. This is important - in order to put out the fire, you must extinguish the fuel.

Squeeze the lever slowly. This will release the extinguishing agent in the extinguisher. If the handle is released, the discharge will stop.

Sweep from side to side. Using a sweeping motion, move the fire extinguisher back and forth until the fire is completely out. Operate the extinguisher from a safe distance, several feet away, and then move towards the fire once it starts to diminish. Be sure to read the instructions on your fire extinguisher - different fire extinguishers recommend operating them from different distances.

Remember: Aim at the base of the fire, not at the flames!!!!

Remember, you should always keep a fire extinguisher in your kitchen... just in case you have a small kitchen fire. =)

Downtown Thibodaux has changed so much in the past years. Just in the past few, we have had numerous boutiques pop up to take the places of other businesses. This month, Jessica Durocher from Thibodaux Main Street Inc. will talk to us about downtown Thibodaux, past and present. This is very interesting to me and I'm anxious to hear Jessica speak. I know I've seen numerous changes in

the past couple years so I can only imagine how many changes the downtown area has experienced since the beginning!

I will see you at the meeting along with your friends or co-workers!

Sarah M. Daigle

Amis de Lafourche President



Chapter Minutes

ABWA Regular Meeting: March 22, 2010
6:30 p.m.

Location: Envie



The meeting was called to order Vice President, Stephanie Shaw. Bridget Martinez, Treasurer was present. Laura Kurkowski led the invocation and pledge. Members and guests were introduced. Dinner was served.

Program

Vicki Cancienne introduced Mark Kearns, the guest speaker. Mr. Kearns presented the topic, "How Can I Change My Life...and Keep the Change!"

Announcements

ABWA Relay for Life Car Show, Sunday, March 28, 2010 at the Thibodaux Civic Center from 10am to 3pm

Next Board Meeting is April 13th, 5:00 pm at John Deere Thibodaux

Next General Membership meeting is April 26th, 6:30 at Envie

½ and ½ drawing won by Lela Bourgeois, \$7.00

Business Meeting

-Reimbursement of Conference Funds from September 2009: The board made a proposal to the general membership to reimburse Stephanie Shaw and Shirlene Boudreaux \$1,250.00 for the cost of National Conference registration and ¼ of the cost incurred for hotel and flight.

-Discussion ensued.

-A motion to accept the board's proposal of reimbursing \$1,250.00 was made by Laura Kurkowski and was second by Danette Hebert.

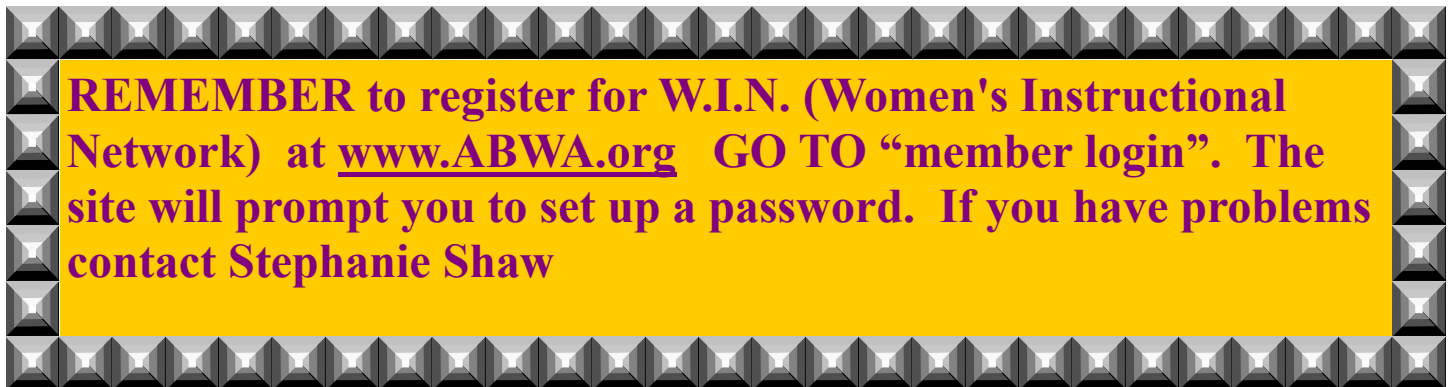
-Membership voted by a show of hands with 10 members in favor of the motion and 7 members opposed. Motion passed.

-Chapter financial update was given and a question about reinstating/raising the due for the coming fiscal year was presented. It was decided that it would be discussed at the upcoming board meeting.

Benediction

Meeting Adjourned

Submitted by: Bridget Martinez



Congratulations!!!!

**ABWA Amis de Lafourche Chapter
Relay for Life Team!**

RELAY FOR LIFE



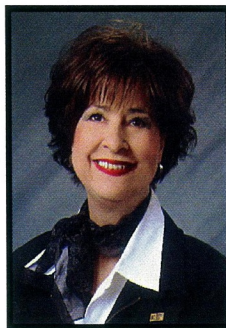
What an incredible job helping to fight cancer!

DON'T FORGET!

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www.abwalafourche.org

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Amis de Lafourche Officers

Sarah Berger Daigle * President
 Stephanie Shaw * Vice President
 Taryn Naquin * Secretary
 Bridgett Martinez * Treasurer

ABWA National Officers

Casey Coven — President
 Pam Carvell — Vice-President
 Lynn Drowne — Secretary/Treasurer
 Tina Gandy — District II VP

ABWA'S PROUD CODE OF CONDUCT:

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors, and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter, and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests.
6. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.

ABWA MISSION STATEMENT

The mission of the American Business Woman's Association is to bring together business-women of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.

Amis de Lafourche ABWA
 Bon Amis Newsletter
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